

# Holdanca Farms

## Free Range Meats

### Pastured Perfection

#### **Lean Ground Beef**

Each 1 lb package	\$4.50
Case of 25 lb (1 lb pkgs)	\$100.00

#### **Grilling Steaks**

T-Bone	\$14.00
Sirloin	\$10.00
Tenderloin	\$18.00
Striploin	\$15.00
Prime Rib/wing	\$12.00

#### **Pork**

Pork Chops/loin roasts	\$6.50
Pork Butt Roasts/chops, bone in	\$4.50
Spareribs	\$3.95
Boneless loin chops/roasts	\$8.00
Bacon, smoked	\$7.00
Ham roast, smoked	\$5.50
Ham steak, smoked	\$6.00
Ground Pork	\$3.95

#### **Bulk orders**

Side of beef (250 to 300 lb)	\$2.25
Hind Quarter beef (125 to 150 lb)	\$3.25
Front Quarter	\$2.00
Side of pork (75 lb)	\$2.00
Lamb (45-50 lb)	\$5.00

#### **Roasts and Stewing Beef**

	\$/lb
Sirloin Tip	\$7.00
Round	\$6.00
Prime Rib	\$8.00
Cross Rib	\$6.00
Stewing Cubes	\$5.50

#### **Lamb**

	\$/lb
Lamb Chops	\$14.00
Rack of lamb roast	\$16.00
Ground lamb	\$7.00
Stew	\$7.50
Leg of Lamb	\$9.00
Lamb Shanks	\$6.50

#### **Sausages**

	\$/lb
Chicken Breakfast	\$7.50
Honey Garlic chicken	\$7.50
Chicken Italian	\$7.50
Pork breakfast	\$6.50
Italian pork sausage	\$6.50
Honey Garlic pork	\$6.50
Rosemary Lamb Sausage	\$8.00

All processing costs are extra

**Holdanca Farms**  
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[www.holdanca.ca](http://www.holdanca.ca)

<b><u>Free Range Chicken</u></b>	<b>\$/lb</b>	<b><u>Free Range Turkey</u></b>	<b>\$/lb</b>
Whole chicken	\$4.25	Whole turkey	\$3.80
Ground chicken	\$6.50	Ground turkey	\$6.50
B/S chicken breasts	\$12.50	Crown breasts	\$7.00
Chicken legs	\$3.50	B/S turkey breasts	\$9.60
Chicken wings	\$3.50	Skin-on boneless breasts	\$8.50
Chicken breasts bone-in	\$7.75	Turkey drumsticks	\$2.50
Breasts bone-in, skinless	\$8.50	Turkey wings	\$2.50
Chicken drumsticks	\$3.00		
Chicken thighs	\$4.25		
B/S thighs	\$8.00		
Cornish Hens	\$6.25	<b>Free Range Eggs, per doz.</b>	<b>\$3.50</b>
Chicken backs (for soup)	\$2.00		
Chicken livers (1 lb pack)	\$3.50	<b>\$49 Barbeque Pack</b>	
Chicken hearts (1 lb pack)	\$3.50		
Gizzards (1/2 lb pack)	\$4.50	4 lbs lean ground beef	
		\$15 grill steaks or chops	
		\$15 marinading steaks	
		\$10 chicken pieces	

**\$99 Barbeque Pack**

8 lbs lean ground beef  
\$20 steaks  
\$15 pork chops  
\$15 sausage  
4 free range chicken breasts (1.5 lb)  
2 free range chicken legs (1.5 lb)

**\$99 Freezer Pack**

8 lbs lean ground beef  
\$25 in steaks or chops  
\$25 pork or beef roasts  
3 lbs stewing beef  
6 lb of free range chicken (1 or 2)

All meats are government inspected  
Not all cuts are available at all times.